



Help Your Child Develop Healthy Eating Habits

JOIN US FOR THIS INTERACTIVE WORKSHOP WHERE YOU WILL LEARN CREATIVE WAYS TO HELP YOUR CHILD DEVELOP HEALTHY EATING HABITS. WE WILL EXPLORE WAYS TO PROMOTE NUTRITIOUS FOOD CHOICES AND INVOLVE YOUR CHILD IN FAMILY MEAL PREP.

PRESENTED BY MONIQUE MARTINEZ, LMFT TRAINEE

This is a FREE workshop. ALL ARE WELCOME!

May 26, 2022 from 4 pm-5 pm
at the Camanche Lake Community Center
4240 Camanche Parkway N. Unit 4

Join via Zoom

<https://us06web.zoom.us/j/86773583457>

FOR MORE INFORMATION, CONTACT ANGELA KESSENICH:
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